

Integral Theory
Ken Wilber AQAL Model

<u>Upper-Left Quadrant</u> "I" Interior-Individual Intentional	<u>Upper-Right Quadrant</u> "IT" Exterior-Individual Behavioral
<u>Lower-Left Quadrant</u> "WE" Interior-Collective Cultural	<u>Lower-Right Quadrant</u> "ITS" Exterior-Collective Social (Systems)

AQAL= All quadrants, lines, levels (stages), states, and types

Quadrants--Each unit of reality (such as a human) that is both a whole and a part of a larger whole, has an interior and an exterior. It also exists as an individual and (assuming more than one of these entities exists) as a collective. Observing it from the outside constitutes an exterior perspective. Observing it from the inside is the interior perspective, and so forth. If you map these four perspectives into quadrants, you have four quadrants.

Lines—Also called streams or intelligences. Consider multiple intelligences through which a person is growing or evolving. Over 2 dozen observed.

Levels (stages)-- The more highly developed you are in a particular line, the higher level you are at in that line.

States—states of consciousness

Types-- distinctions that are not covered under other categorizations. Masculine/feminine, the nine Enneagram categories, and Jung's archetypes and typologies, etc.